

Surrender Claudia Cummins

This blessing wants you to remember the gift of surrender.
It wants you to unclench your fists and soften your mind.
It wants you to let go of your ceaseless, empty struggles
in order to reclaim a cleaner breath and a deeper peace.

This blessing wants you to let life be, just as it is,
It wants you to reshape your vision until you can see
the gifts that arrive unbidden when we simply
relax into what is without holding on to a single thing.

Surrender calls us, over and over, to let go, to
relinquish tight control over our lives, to settle in,
perhaps sometimes even to sink. And it requires faith that despite
the letting go, we are still held in steady arms of life.

This blessing wants you to remember the deep blue relief
that comes when accept life on it's own terms, full and free. It
urges you to walk across the threshold of acceptance and all the
way home to contentment and true love.