

A Morning Offering (Excerpts)

John O'Donohue

All that is eternal in me
Welcomes the wonder of this day.

May my mind come alive today
To the invisible geography
That invites me to new frontiers,
To break the dead shell of yesterdays,
To risk being disturbed and changed.

May I have the courage today
To live the life that I would love,
To postpone my dream no longer
But do at last what I came here for
And waste my heart on fear no more.

May I live this day

Compassionate of heart,
Clear in work,
Gracious in awareness,
Courageous in thought,
Generous in love.